



LIFE LESSONS and SEL

BOOK 5 *On Ice: Exploring the Arctic with a Polar Bear Cub*

1. If we get into trouble, we'll be sent to our rooms. But, if we behave ourselves, we can play together all day. Pg. 67

Self Management

2. Lindie Lou looked behind her. She saw their tracks in the snow. She realized they would be able to find their way back to the gap in the fence. Pg. 100

Responsible Decision Making

3. Lindie Lou suddenly realized how easy it was for her to eat her food. She didn't have to go hunting or fishing for it. Her food was given to her. She was now very grateful for her meals. Pg. 162

Social Awareness

4. This ice cave is so amazing. I feel like I'm dreaming. I must always remember this moment, and never forget how very special this place is. Pg. 185

Social Awareness

5. Lindie Lou loved being with her new friends. Even though they were different in so many ways, they had fun together, and that was more important to Lindie Lou than anything else. Pg. 193

Relationship Skills

6. The only way I'm going to get out of here is if I let someone know I'm in trouble. And the only way they will find me is if... I make a lot of noise. Pg. 213

Responsible Decision Making

7. Never go outside to play in the snow alone. Always make sure someone is with you. Also, make sure there are other people nearby who can hear you in case you get into trouble. Pg. 239

Responsible Decision Making

8. I guess I don't have a choice, thought Lindie Lou. The best thing to do is... make the best of it. Pg. 257

Self Management

